



A.T.S.S.'s
College of Business Studies and Computer Applications
Chinchwad, Pune 19

(Affiliated to Savitribai Phule Pune University, Recognized by Govt. of Maharashtra, Accredited by NAAC)
UGC Recognized under 2(F) & 12(B)

Report on International Yoga Day

21st June 2022

We celebrated International Yoga Day, on 21st June 2022 from 09 am to 10 am in ATSS CBSCA College in association with Devjyot pyramid center and Swami Vivekananda Kendra chinchwad. This session was conducted by yoga trainer Mr. Avinash Gokhale.

The asanas are Vrukshasana, vakrasana, shashakasana and anulom vilom, bhamari were conducted. Near about 50 students and 30 teaching and non-teaching staff were benefited from the above activity.

This activity was conducted in offline mode to improve immunity, personality and social responsibilities through this session.

N. Sonone

Mr. Nikhil Sonone
Phy. Director

G. Rasal

Mr. Gajanan Rasal
Sports Coordinator

Dr. Arun Deoskar

Dr. Arun Deoskar
Principal

Principal
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